

Managing Uncertainty in the Workplace

Change in the workplace is inevitable. Whether it's time for somebody to be promoted, or the possibility of cuts. A reshuffle of teams, or roles. Perhaps you're introducing new tools and technologies to the business, or there's a change to internal policies. It could make individuals or whole companies feel uncertain. Help your team develop their own personal approach to dealing with change. Give them the resilience to make a smooth and stress-free transition, no matter the situation.

This 1-day workshop can be delivered in a venue of your choice for up to 12 delegates.

Who should attend?

- Any leadership members involved in organisational change management (OCM)
- Team members who fear working with new colleagues or changing their role
- People in your team who drive and influence change
- Those who train others and delegate work



What are the benefits?

Your employees...

- Will feel more confident and capable in facing the unknown
- Will feel less vulnerable and helpless
- Will be able to quickly move through the human cycle of emotions that uncertainty brings, like shock and anger
- Will embrace change and even be excited



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What will the learning experience include?

- Identifying what creates uncertainty, and what leads to certainty
- Learning what the drivers of change are, and the psychological impact it can have when you don't feel in control
- How to manage your own fears and worries by positively changing your mindset
- Overcoming uncertainty and improving emotional intelligence



We recognise that the most important asset to any business is the people in it and that's why all of our learning workshops can be developed to meet your individual employee's needs.

