

Self-leadership

Self-leadership is not just about how assertive you are at work. It's a state of mind and emotional intelligence that you carry with you day and night. Develop your teams sense of who they are, what they can do and where they are going. From that will come improved communication, and a better understanding of how emotions and behaviours work in certain situations. Book your team onto our workshop so they can master themselves, increase self-confidence and improve accountability for their work.

This 2-day workshop can be delivered in a venue of your choice for up to 12 delegates.

Who should attend?

- Any manager that needs to set direction and make leadership decisions.
- Any employee that is lacking confidence in certain areas – maybe highlighted on a performance review, or through self-awareness.
- Leaders who want to embody the values of the business, to push it forward.



What are the benefits?

Your team will...

- Know how to set their own personal development plan
Recognise leadership qualities and how to relate it to their role
- Have increased self-confidence to improve responsibility and accountability
- Have the ability to challenge their own doubts and questions



Self-leadership

What will the learning experience include?

- Creating confidence through personalised memory exercises
- Setting up a learning plan and creating an environment for success
- Ranking of personal values and prioritising them to add value to the business
- Setting SMART objectives



We recognise that the most important asset to any business is the people in it and that's why all of our learning workshops can be developed to meet your individual employee's needs.

